



SPITALUL CLINIC JUDETEAN DE URGENȚĂ TÂRGU-MUREȘ
 Târgu - Mureș, str. Ghe. Marinescu, nr. 50, Județul Mureș
 Tel: 0265 - 212111, 211292, 217235 ; Fax: 0265 - 2157668
 Operator de date cu caracter personal înregistrat la ANSPDPC sub nr. 26287



BIOC-ALIMENTAR MENIUL FIXAT PE DATA 10.05.2026

REGIM	MIG DEBUN	ORA 10	PRANZ	ORA 17	CINA
DIABET DIABET-HIPOSODAT CCA2900 CAL	UNT 20 G MUSCHI FILE 60 G, MASLINE 30G BRANZA TOPITA 2BUC PAINE GRAHAM 200G MASLINE 30 G CEAI FAR ZAHAR 300ML	MAR 1BUC BR. FAGARAS 1 CUT(180G),	GIORBA DE TARANEASCA DE VACUTA 300ML COTLET DE PORC LA TAVA 200G/crud 140G/prep CUS-CUS CU LEGUME 160G SALATA DE VARZA CU MORCOV 100G	SANA 176G	SALAM USCAT 100G CASCAYAL 100G UNT 20G, ARDEI 60G/30G CEAI FARA ZAHAR 300ML,
DESODAT DIABET DESODAT CCA 2800 CAL	OMELETA CU ARDEI 160 G UNT 20 G BR. DE VACA 160 G PAINE GRAHAM PS.200G CEAI 300 ML	MAR 1BUC	GIORBA DE TARANEASCA DE VACUTA 300ML COTLET DE PORC LA TAVA 200G/crud 140G/prep CUS-CUS CU LEGUME 160G SALATA DE VARZA CU MORCOV 100G	SANA 176G	PIEPT CURCAN RASOL 100G UNT 20 G ROSIE 60G/40G BR. FAGARAS 1 CUT LAPTE 200 ML SALAM USCAT 100G CASCAYAL 100G
NEOPLAZIC CCA2500 CAL	UNT 20 G SUNGA DE PUI 100G, MASLINE 30G BRANZA TOPITA 2BUC MIERE 1 BUC,CEAI 300ML, FRANZELA 300G ROSIE 60G/40G	BANANA 1BUC BR. FAGARAS 1 CUT(180G),	GIORBA DE TARANEASCA DE VACUTA 300ML COTLET DE PORC LA TAVA 200G/crud 140G/prep CUS-CUS CU LEGUME 260G SALATA DE VARZA 100G	SANA 176G	UNT 20G, ARDEI 60G/30G CEAI 300ML
TRANSPLANT CCA2600CAL	OCHIURI CU GAS 2BUC MIERE 40G, BRANZA TOPITA 2BUC FRANZELA 300G, CEAI 300ML	COMBOT 260ML BANANA 1BUC	GIORBA DE TARANEASCA DE VACUTA 300ML COTLET DE PORC LA TAVA 200G/crud 140G/prep CUS-CUS CU LEGUME 260G	SANA 176G	PIEPT DE CURCANTIA TAVA 120G/80G CARTOFI NATUR 260G CEAI 300ML,
NORMAL, COPT 3-16 HIPOSODAT CCA2600 CAL	UNT 20 G, BR. FAGARAS 1 CUT(180G) SUNGA DE PUI 60G, MASLINE 30G MIERE 20 G, CEAI 300 ML FRANZELA 300G	BANANA 1BUC	GIORBA TARANEASCA DE VACUTA 300ML COTLET DE PORC LA TAVA 120G/crud 80G/prep CUS- CUS CU LEGUME 260G SALATA DE VARZA 100G	SANA 176G	SALAM USCAT 60G CASCAYAL 50G, ARDEI 60G/30G UNT 20G CEAI 300ML,
GARDA CCA2600 CAL	UNT 20 G, BR. FAGARAS 1 CUT(180G) SUNGA DE PUI 60G, MASLINE 30G MIERE 20 G, CEAI 300 ML FRANZELA 300G	BANANA 1BUC	GIORBA TARANEASCA DE VACUTA 300ML PIEPT DE CURCAN LA TAVA 100G/crud 65G/prep CUS-CUS CU LEGUME 260G SALATA DE SPECIA ROSIE 100G	SANA 176G	SUNGA PRESATA 60 g CASCAYAL 60G, ROSII 60G/40G UNT 20G CEAI 300ML
LADZE HIPERCALORIC HEPATIC 2600 CAL	UNT 20 G, BR. FAGARAS 1 CUT(180G) SUNGA DE PUI 60G, ROSIE 60G/40G MIERE 300 ML FRANZELA 300G	BANANA 1BUC	GIORBA TARANEASCA DE VACUTA 300ML PIEPT DE CURCAN LA TAVA 100G/crud 65G/prep CUS-CUS CU LEGUME 260G SALATA DE SPECIA ROSIE 100G	SANA 176G	OU 1BUC, UNT 20 G, BISCUITI 50G BRANZA FAGARAS 1BUC/180G CEAI 300ML
LACTO-FAINOS ULCER F. SARE ULCER -ULCER SIMPLU CCA 2400CAL	UNT 20G, OU 1 BUC, BISCUITI 60G BRANZA FAGARAS 1BUC/180G CEAI 300 ML	BUDINCA DE VANILIE 200G	SUPA CU GALUSTE DE GRIS 300 ML HASOL DIN PIEPT DE CURCAN 100G/65G CUS-CUS GARNI 250G SOS DE YVINE 100G	SANA 176G	OU 1BUC, UNT 20 G, BISCUITI 50G BRANZA FAGARAS 1 BUC/180G UNT 20G, GEM 2 BUC CEAI 300ML, BISCUITI 60G
COLECIST CCA2400 CAL	BR. FAGARAS 1BUC/180G, MIERE 40G UNT 20G, BISCUITI 60G, CEAI 300 ML FRANZELA 300G	BUDINCA DE VANILIE 200G	SUPA CU GALUSTE DE GRIS 300 ML RASOL DIN PIEPT DE CURCAN 100G/65G CUS-CUS GARNI 250G SOS DE YVINE 100G	SANA 176G	BRANZA FAGARAS 1 BUC/180G UNT 20G, GEM 2 BUC CEAI 300ML, BISCUITI 60G
NEFRITA CCA2400 CAL	BR. FAGARAS 1BUC/180G, MIERE 40G UNT 20 G, BISCUITI 60G, CEAI 300ML FRANZELA 300G	BUDINCA DE VANILIE 200G	SUPA CU GALUSTE DE GRIS 300 ML RASOL DIN PIEPT DE CURCAN 100G/65G CUS-CUS GARNI 250G SOS DE YVINE 100G	SANA 176G	GEM 2BUC, UNT 20G CASCAYAL 60G BISCUITI 60G CEAI 300ML
VEGETARIAN CCA2200 CAL	GEM 2 BUC, MIERE 40G MASLINE 30G, BRUSCHETE CU rosii 3 BUC CEAI 300ML, FRANZELA 300G	BANANA 1BUC	GIORBA TARANEASCA 800ML OREZ CU CIUPERGI 80 G SALATA DE SPECIA ROSIE 100G	MAR 1BUC	CARTOFI CU CEAPA (branzas) 350G PATE VEGETAL 1BUC SALATA ROSII 100G CEAI 300ML



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COPPII 6 LUNI - IANI CCA1100 CAL	BISCUITI CU MIERE 200G CEAI 200ML	BUDINCA DE VANILIE 200G	SUPA STRECURATA 100ML CARTOFI PURE 100G, SOS DE VISINE 50G CARNE TOCATA DIN PIEPT CURCANI 100G/70G	SANA 175G	OREZ 50G CU BRNZA FAGARAS 180G CEAI 200 ml
COPPII 1-3 ANI CCA1500 CAL	UNT 20G, MIERE 20G, SUNCA DE PUTI 40G BR.FAGARAS IBUC/180G LAPTE 200ML,FRANZELA 300G	BANANA IBUC	SUPA CU GALUSTI DE GRIS 200 ml RASOL PIEPT DE CURCAN 100G/65G CUS-CUS 100G, SOS DE VISINE 50G	SANA 175G	UNT 20 G, SUNCA PRAGA 40G CASCINVAL 40G, ROSII 50G/40G CEAI 200ML
COLITA CCA2200 CAL	OU IBUC, UNT 20G, CASCINVAL 100G CEAI 300ML, BISCUITI 50G FRANZELA 300G	BANANA IBUC	SUPA CU GALUSTI DE GRIS 300ML RASOL DIN PIEPT DE CURCAN 100G/70G/70G OREZ FIERT 200G si MORCOV BABY 100G	ZEAMA DE OREZ 250ML	CASCINVAL 100G, UNT 20G, OU IBUC BISCUITI 50G CEAI 300ML
INTOLERANTA LA GLUTEN 2500 CAL	UNT 20 G, BR.FAGARAS IBUC/180G SUNCA DE PUTI 50G, MASLINE 30G MIERE 20 G, CEAI 300 ML TARTINA DE OREZ IBUC	BANANA IBUC	GIORBA TARANASCA DE VACUTA 300ML COTLET DE PORC LA TAVA 100G/cond 65G/prep CUS-CUS CU LEGUME 250G SALATA DE VARZA 100G	SANA 175G	SUNCA PRAGA 50G CASCINVAL 50G UNT 20 G, ROSII 50G/40G CEAI 300ML
INTOLERANTA LA LACTOZA CCA 2400 CAL	SUNCA DE PUTI 100G MIERE 40G, MASLINE 30G FRANZELA 300G, CEAI 300ML	BANANA IBUC	GIORBA TARANASCA DE VACUTA 300ML COTLET DE PORC LA TAVA 100G/cond 65G/prep CUS-CUS CU LEGUME 250G SALATA DE VARZA 100G	MAR IBUC	ROSII 50G/40G, OU IBUC SUNCA PRAGA 50G GEM 2IBUC CEAI 300ML
PASAT SONDA CCA 2200CAL	BUDINCA DE VANILIE 200ML SANA 175G/IBUC, OU IBUC, ZEAMA DE OREZ	LAPTEE 250ML, BISCUITI 50G	=SUPA CONCENTRATA 500 L (OU, SMANTANA, OREZ, UNT, CARTOFI, MORCOV, PATRUNJEL, TELINA, CARNE) ZEAMA DE OREZ	BR. FAGARAS, MIERE 1 BUC	CINA -BISCUITI 50G LAPTE 250ML, OU IBUC
HIDRICI CCA1700 CAL	POST OPERATOR (PRIMELE 1-2 ZILE), DIAREE ACUTA, CEAIURI INDULCITE 300ML	ZEAMA DE OREZ 250ML	SUPE LIMPEZI DE LEGUME /DE CARNE DILUATA „DEGRESATA”300ML	ZEAMA DE OREZ 250ML	POST OPERATOR (PRIMELE 1-2 ZILE), DIAREE ACUTA, CEAIURI INDULCITE SUPA STRECURATA 250ML

POSSIBILI ALERGENI CARE SE REGASESC IN MENIUL LAPTE DE VAÇA, GLUTENUL DIN GRAU, DROJDIA, ALBUS DE OU, GALBENUS DE OU, USTURUI, SOLA, FAINA DE MALAI
 CONOPIDA, BABY MORCOV, AMESTEC LEGUME CONGELAT, PIEPT DE PUTI

MENIURIILE SE INCADREAZA IN ALOCATIA PREVAZUTA IN ORDINUL 1488/2022 EMIS DE MIN.SANATATII.

INTOCMIT AS. MED. PR. LIC. IN DIETETICA
 POPSOR IOAN SAVRIL

