



SPITALUL CLINIC JUDEȚEAN DE URGENȚĂ TÂRGU-MUREȘ
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 Operator de date cu caracter personal înregistrat la ANSPDCP sub nr. 26287



BLOC ALIMENTAR MENIUL FIXAT PE DATA 26.04.2026

REGIM	MIC DEJUN	ORA 10	PRANZ	ORA 17	CINA
DIABET DIABET-HIPOSODAT CCA2300 CAL	UNT 20 G SUNCA DE PUI 100G, MASLINE 30G, BRANZA TOPITA 2BUC PAINE GRAHAM 200G ROSIE 80G/40G CEAI FAR ZAHAR 300ML	MAR IBUC BR. FAGARAS 1 CUT(180G)	GIORBA DE TARANEASCA DE VACUTA 300ML COTLET DE PORC LA TAVA 200G/crud 140G/prep CUS-CUS CU LEGUME 150G SALATA DE VARZA CU MORCOV 100G	SANA 175G	SALAM USCAT 100G CASCAYVAL 100G UNT 20G, ARDEI 60G/40G CEAI FAR ZAHAR 300ML
DESODAT DIABET DESODAT CCA 2300 CAL	OMLETA CU ARDEI 150 G UNT 20 G BR. DE VACA 150 G PAINE GRAHAM FS.200G CEAI 300 ML	MAR IBUC	GIORBA DE TARANEASCA DE VACUTA 300ML COTLET DE PORC LA TAVA 200G/crud 140G/prep CUS-CUS CU LEGUME 150G SALATA DE VARZA CU MORCOV 100G	SANA 175G	PIEPT CURCAN RASOL 100G UNT 20 G ROSIE 50G/40G BR. FAGARAS 1 CUT LAPTE 200 ML
NEOPLAZIC CCA2500 CAL	UNT 20 G SUNCA DE PUI 100G, MASLINE 30G, BRANZA TOPITA 2BUC MIERE 1 BUC,CEAI 300ML FRANZELA 900G ROSIE 50G/40G	BANANA IBUC BR. FAGARAS 1 CUT(180G)	GIORBA DE TARANEASCA DE VACUTA 300ML COTLET DE PORC LA TAVA 200G/crud 140G/prep CUS-CUS CU LEGUME 250G SALATA DE VARZA 100G	SANA 175G	SALAM USCAT 100G CASCAYVAL 100G UNT 20G, ARDEI 50G/40G CEAI 300ML
TRANSPLANT CCA2600CAL	OCHURI CU GAS 2BUC MIERE 40G, BRANZA TOPITA 2BUC FRANZELA 300G, CEAI 300ML	COMPOT 250ML BANANA IBUC	GIORBA DE TARANEASCA DE VACUTA 300ML COTLET DE PORC LA TAVA 110G/crud 70G/prep CUS-CUS CU LEGUME 250G SALATA DE VARZA 100G	SANA 175G	PIEPT DE CURCAN LA TAVA 120G/80G CARTOFI NATUR 250G CEAI 300ML
NORMAL, COPII 3-16	UNT 20 G, BR. FAGARAS 1 CUT(180G) SUNCA DE PUI 60G, MASLINE 30G MIERE 20 G, CEAI 300 ML FRANZELA 300G	BANANA IBUC	GIORBA TARANEASCA DE VACUTA 300ML COTLET DE PORC LA TAVA 120G/crud 80G/prep CUS-CUS CU LEGUME 250G SALATA DE VARZA 100G	SANA 175G	SALAM USCAT 60G CASCAYVAL 50G, ROSIE 50G/40G UNT 20G CEAI 300ML
HIPOSODAT CCA2500 CAL	UNT 20 G, BR. FAGARAS 1 CUT(180G) SUNCA DE PUI 60G, MASLINE 30G MIERE 20 G, CEAI 300 ML FRANZELA 300G	BANANA IBUC	GIORBA TARANEASCA DE VACUTA 300ML COTLET DE PORC LA TAVA 100G/crud 65G/prep CUS-CUS CU LEGUME 250G SALATA DE SPECIA ROSIE 100G	SANA 175G	SUNCA PRESATA 60 g CASCAYVAL 50G, ARDEI 50G/40G UNT 20G CEAI 300ML
GARDA CCA2500 CAL	UNT 20 G, BR. FAGARAS 1 CUT(180G) SUNCA DE PUI 60G, MASLINE 30G MIERE 20 G, CEAI 300 ML FRANZELA 300G	BANANA IBUC	GIORBA TARANEASCA DE VACUTA 300ML COTLET DE PORC LA TAVA 100G/crud 65G/prep CUS-CUS CU LEGUME 250G SALATA DE SPECIA ROSIE 100G	SANA 175G	SUNCA PRESATA 60 g CASCAYVAL 50G, ARDEI 50G/40G UNT 20G CEAI 300ML
LAUZE HIPERCALORIC HEPATIC 2500 CAL	UNT 20 G, BR. FAGARAS 1 CUT(180G) SUNCA DE PUI 60G, MASLINE 30G MIERE 20 G, CEAI 300 ML FRANZELA 300G	BANANA IBUC	GIORBA TARANEASCA DE VACUTA 300ML COTLET DE PORC LA TAVA 100G/crud 65G/prep CUS-CUS CU LEGUME 250G SALATA DE SPECIA ROSIE 100G	SANA 175G	SUNCA PRESATA 60 g CASCAYVAL 50G, ARDEI 50G/40G UNT 20G CEAI 300ML
LACTO-FAINOS ULCER F. SARE ULCER-ULCER SIMPLU CCA 240CAL	UNT 20G, OU 1 BUC, BISCUITI 50G BRANZA FAGARAS 1BUC/180G CEAI 300 ML	BUDINCA DE VANILIE 200G	SUPA CU GALUSTE DE GRIS 300 ML RASOL DIN PIEPT DE CURCAN 100G/65G CUS-CUS GARNI 250G SOS DE VISINE 100G	SANA 175G	OU 1BUC, UNT 20 G, BISCUITI 50G BRANZA FAGARAS 1BUC/180G CEAI 300ML
COLECIST CCA2400 CAL	BR. FAGARAS 1BUC/180G, MIERE 40G UNT 20G, BISCUITI 50G, CEAI 300 ML FRANZELA 300G	BUDINCA DE VANILIE 200G	SUPA CU GALUSTE DE GRIS 300 ML RASOL DIN PIEPT DE CURCAN 100G/65G CUS-CUS GARNI 250G SOS DE VISINE 100G	SANA 175G	BRANZA FAGARAS 1 BUC/180G UNT 20G, GEM 2 BUC CEAI 300ML, BISCUITI 50G
NEFRITA CCA2400 CAL	BR. FAGARAS 1BUC/180G, MIERE 40G UNT 20 G, BISCUITI 50G, CEAI 300ML FRANZELA 300G	BUDINCA DE VANILIE 200G	SUPA CU GALUSTE DE GRIS 300 ML RASOL DIN PIEPT DE CURCAN 100G/65G CUS-CUS GARNI 250G SOS DE VISINE 100G	SANA 175G	GEM 2BUC, UNT 20G CASCAYVAL 50G BISCUITI 50G CEAI 300ML
VEGETARIAN CCA2200 CAL	GEM 2 BUC, MIERE 40G MASLINE 30G, BRUSCHETE CU rosii 3 BUC CEAI 300ML, FRANZELA 300G	BANANA IBUC	GIORBA TARANEASCA 300ML CUS-CUS CU LEGUME 300G/ CONOPIDA PANE SALATA DE SPECIA ROSIE 100G	MAR IBUC	CARTOFI LA TAVA 250G CONS. 70N IBUC, SALATA VARZA 100G CEAI 300ML



SPITALUL CLINIC JUDETEAN DE URGENTA TARGU-MURES

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COPIL 6 LUNI- IANI CCA1100 CAL	BISCUITI CU MERE 200G CEAI 200ML	BUDINCA DE VANILIE 200G	SUPA STRECURATA 100ML CARTOFI PURE 100G, SOS DE VINSINE 50G CARNE TOCATA DIN PIEPT CURCANI 100G /70G	SANA 175G	OREZ 50G CU BRNZA FAGARAS 180G CEAI 200 ml
COPIL 1-3 ANI CCA1500 CAL	UNT 20G, MIERE 20G, SUNCA DE PUI 40G BR.FAGARAS IBUC/180G LAPTE 200ML,FRANZELA 300G	BANANA IBUC	SUPA CU GALUSTI DE GRIS 200 ml RASOL PIEPT DE CURCAN 100G/65G CUS-CUS 100G, SOS DE VINSINE 50G	SANA 175G	UNT 20 G, SUNCA PRAGA 40G CASCAYAL 40G, ROSII 50G/40G CEAI 200ML
COLITA CCA2200 CAL	OU IBUC, UNT 20G, CASCAYAL 100G CEAI 300ML, BISCUITI 50G FRANZELA 300G	BANANA IBUC	SUPA CU GALUSTI DE GRIS 300ML RASOL DIN PIEPT DE CURCAN 100G/70G+prep OREZ FIERT 200G si MORCOV BABY 100G	ZEAMA DE OREZ 250ML	CASCAYAL 100G, UNT 20G, OU IBUC BISCUITI 50G CEAI 30ML
INTOLERANTA LA GLUTEN 2500 CAL	UNT 20 G, BR.FAGARAS IBUC/180G SUNCA DE PUI 50G, MASLINE 30G MIERE 20 G, CEAI 300 ML TARTINA DE OREZ IBUC	BANANA IBUC	CIORBA TARANASCA DE VACUTA 300ML COTLET DE PORC LA TAVA 100G/crud 65G/prep CUS-CUS CU LEGUME 250G SALATA DE VARZA 100G	SANA 175G	SUNCA PRAGA 50G CASCAYAL 50G UNT 20 G, ROSII 50G/40G CEAI 300ML
INTOLERANTA LA LACTOZA CCA 2400 CAL	SUNCA DE PUI 100G MIERE 40G, MASLINE 30G FRANZELA 300G, CEAI 300ML	BANANA IBUC	CIORBA TARANASCA DE VACUTA 300ML COTLET DE PORC LA TAVA 100G/crud 65G/prep CUS-CUS CU LEGUME 250G SALATA DE VARZA 100G	MAR IBUC	ROSI 50G/40G, OU IBUC SUNCA PRAGA 50G GEM 2BUC CEAI 300ML
PASAT SONDA CCA 2200CAL	BUDINCA DE VANILIE 200ML SANA 175G/IBUC, OU IBUC, ZEAMA DE OREZ	LAPTEE 250ML BISCUITI 50G	=SUPA CONCENTRATA 500 L (OU, SMANTANA, OREZ, UNT, CARTOFI, MORCOV, PATRUNJEL, TELINA, CARNE) ZEAMA DE OREZ	BR. FAGARA S IB. MIERE 1 BUC	CINA -BISCUITI 50G LAPTE 250ML, OU IBUC
HIDRICI CCA1700 CAL	POST OPERATOR (PRIMELE 1-2 ZILE), DIAREE ACUTA, CEAIURI INDULCITE 300ML	ZEAMA DE OREZ 250ML	SUPE LIMPEZI DE LEGUME / DE CARNE DILUATA „DEGRASATA” 300ML	ZEAMA DE OREZ 250ML	POST OPERATOR (PRIMELE 1-2 ZILE), DIAREE ACUTA, CEAIURI INDULCITE SUPA STRECURATA 250ML

POSSIBILI ALERGENI CARE SE REGASESC IN MENU: LAPTE DE VACA, GLUTENUL DIN GRAU, DRODIA, ALBUS DE OU, GALBENUS DE OU, USTUROI, SOIA, FAINA DE MALAI
CONOPIDA, BABY MORCOV, AMESTEC LEGUME CONGELAT, PIEPT DE PUI

MENTURILE SE INCADREAZA IN ALOCATIA PREVAZUTA IN ORDINUL 1488/2022 EMIS DE MIN.SANATATII.

INTOCMIT AS. MED.PR. IIG IN DIETETICA
POPSOR IOAN GAVRIL