



SPITALUL CLINIC JUDETEAN DE URGENȚĂ TÂRGU-MUREȘ
 Târgu - Mureș, str. Ghe. Marinescu, nr. 50, Județul Mureș
 Tel: 0265 - 212111, 211292, 217235 ; Fax. 0265 - 215768
 Operator de date cu caracter personal înregistrat la ANSPDCP sub nr. 26287



BLOC ALIMENTAR MENIUL FIXAT PE DATA 06.01.2026

REGIM	MIC DEJUN	ORA 10	PRANZ	ORA 17	CINA
DIABET- DIABET HIPOSODAT CCA.2000 CAL	UNT 20 GR, BRANZA FAGARAS 180G MUSCHI FILE 100G, OU 1 BUC MASLINE 30G GRAHAM 200 G, CEAI FARA ZAHAR 300ML	PORNOCALA 1BUC	CIORBA A LA GREC (kaisee) 300 ML PULPE DEZOSATE LA TAVYA 140G (225 G CRUD) CARTOFI NATUR 150G SALATA DE CASTRAVETI 100G	SANA175G	SUNCA PRAGA 100G, CASCAYAL 100G UNT 20G, ROSII 100G/80G CEAI FARA ZAHAR 300ML
NEOPLAZIC CCA. 2500 CAL	UNT 20 GR, BRANZA FAGARAS 180G MUSCHI FILE 100G, OU 1 BUC MIERE 1BUC MASLINE 30G P.GRAHAM 200 G, CEAI 300ML	COZONAC 1FELIE	CIORBA A LA GREC (kaisee) 300 ML PULPE DEZOSATE LA TAVYA 140G (225 G CRUD) CARTOFI NATUR 250G SALATA DE CASTRAVETI 100G	SANA 175G	SUNCA PRAGA 100G, CASCAYAL 100G UNT 20G, ROSII 100G/80G CEAI 300ML
TRANSPLANT CCA. 2700CAL	MIERE 2BUC, GEM 2 BUC, OCHIURI 2 BUC MUSCHI FILE PRAJIT 60 G FRANZELA 800 G, CEAI 800ML	COMPOZ VISINE250 COZONAC	CIORBA A LA GREC (kaisee) 300 ML PULPE DEZOSATE LA TAVYA 140G (225 G CRUD) CARTOFI NATUR 250G	SANA 175G	OREZ CU IERBUME 200G PIEPT DE CURCAN LA TAVYA 100G/70G CEAI 300 ML
NORMAL INSOTIOR MEDIC DE GARDA CCA.2400CAL	BRANZA FAGARAS 180G, UNT 20G MIERE 1BUC,MASLINE 30G MUSCHI FILE 60G, CEAI 300 ML FRANZELA 300G	COZONAC 1FELIE	CIORBA A LA GREC (kaisee) 300 ML PULPE DEZOSATE LA TAVYA 80 G(150 CRUD) CARTOFI CU NATUR 200G SALATA DE CASTRAVETI 100 G	SANA 175G	SUNCA PRAGA 60G, CASCAYAL 50G UNT 20G, ROSII 100G/80G CEAI 300ML
HIPOSODAT COPII 3-16ANI CCA.4000CAL	BRANZA FAGARAS 180G, UNT 20G MIERE 1BUC,MASLINE 30G MUSCHI FILE 60G, CEAI 300 ML FRANZELA 300G	COZONAC 1FELIE	CIORBA A LA GREC 800 ML PULPE DEZOSATE LA TAVYA 80 G(150 CRUD) CARTOFI CU NATUR 200G SALATA DE SPECIA ROSIE 100 G	SANA 175G	SUNCA PRAGA 60G, CASCAYAL 50G UNT 20G, ROSII 100G/80G CEAI 300ML
LACTE HIPERCALORIC CCA.2400CAL	BRANZA FAGARAS 180G, UNT 20G MIERE 1BUC,MASLINE 30G MUSCHI FILE 60G, CEAI 300 ML FRANZELA 300G	COZONAC 1FELIE	CIORBA A LA GREC 300 ML PULPE DEZOSATE LA TAVYA 80 G(150 CRUD) CARTOFI CU NATUR 200G SALATA DE SPECIA ROSIE 100G	SANA 175G	SUNCA PRAGA 60G, CASCAYAL 50G UNT 20G, ROSII 100G/80G CEAI 300ML
HEPATIC CCA. 2400CAL	BRANZA FAGARAS 180G, UNT 20G MIERE 1BUC,MASLINE 30G SUNCA DE PUTI 60G, CEAI 300 ML FRANZELA 300G	COZONAC 1FELIE	CIORBA A LA GREC 300 ML PULPE DEZOSATE LA TAVYA 80 G(150 CRUD) CARTOFI CU NATUR 200G SALATA DE SPECIA ROSIE 100G	SANA 175G	SUNCA PRAGA 60G, CASCAYAL 50G UNT 20G, ROSII 100G/80G CEAI 300ML
LACTO- FAINOS ULCER, ULCER SIMPLU CCA.2400CAL	BRANZA FAGARAS 180G, OU 1 BUC UNT 20 G, BISCUITI 50G FRANZELA 300G, CEAI 300ML	BUDINCA DE VANILIE 200G	SUPA CU GALUSTI DE GRIS 300 ML/20G(9sept pu) RASOL PULPE DEZOSATE 80 G(150 CRUD) CARTOFI PURE 250 G SOS DE VISINE 100 G	SANA175G BISCUITI 50G	BRANZA FAGARAS 180G, OU 1 BUC UNT 20 G, CEAI 300ML
COLECIST CCA.2400 CAL	BRANZA FAGARAS 180G MIERE 2 BUC, UNT 20G, BISCUITI 50G CEAI 300 ML, FRANZELA 300 GR	BUDINCA DE VANILIE 200G	SUPA CU GALUSTI DE GRIS 300 ML/20G(9sept pu) RASOL PULPE DEZOSATE 80 G(150 CRUD) CARTOFI PURE 250 G SOS DE VISINE 100 G	SANA175G BISCUITI 50G	BRANZA FAGARAS 180G, GEM 2 BUC UNT 20 G, CEAI 300ML
NERITIA CCA.2200CAL	BRANZA FAGARAS 180G MIERE 2 BUC, UNT 20G, BISCUITI 50G CEAI 300 ML, FRANZELA 300 GR	BUDINCA DE VANILIE 200G	SUPA CU GALUSTI DE GRIS 300 ML RASOL PULPE DEZOSATE 80 G(150 CRUD) CARTOFI PURE 250 G SOS DE VISINE 100 G	SANA175G BISCUITI 50G	CASCAYAL 50G, GEM 2 BUC UNT 20 G, CEAI 300ML
COPIII 6 LUNTI- IANI CCA.1100CAL	BISCUITI CU MAR 200G CEAI 200 ML	BUDINCA DE VANILIE 200G	SUPA STRECURATA 100 ML PIURE DE CARTOFI 100 GR CARNIE TOCATA 50 GR, SOS DE VISINE 50G	SANA175G BISCUITI 50G	OREZ CU BR. VACA 200 G CEAI 200ML



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COPIII 1-3 ANI CCA.1400CAL	BRANZA FAGARAS 180G, OU IBUC UNT 20 GR,MIERE IBUC, LAPTE 200ML, FRANZELA 300 GR	BUDINCA DE VANILIE 200G COZONAC	SUPA GALUSTI GRIS 150ML RASOL PULPE DEZOSATE 80 G(150 CRUD) CARTOFI PURE 150 G SOS DE VISINE 50 G	SANA175G BISCUITI 50G	SUNCA PRAGA 40G, CASCAYAL 40G UNT 20G, ROSII 100G/80G CEAI 300ML
INTOLERANTA LACTOZA CCA.2400CAL	MIERE 2BUC SUNCA DE PUI 100G, MASLINE 30G OU 1 BUC, CEAI 300 ML, FRANZELA 300 GR	MAR IBUC	SUPA GALUSTI DE GRIS 300 ML, PULPE DEZOSATE LA TAVA 80 G(150 CRUD) CARTOFI CU NATUR 250G SALATA DE SPECIA ROSIE 100G	MAR IBUC	SUNCA PRAGA 60G, GEM 2BUC ROSI 100G/80G CEAI 300ML
INTOLERANTA IA GLUTEN CCA.2400CAL	BRANZA FAGARAS 180G MIERE IBUC, MASLINE 30G SUNCA DE PUI 60G, CEAI 300 ML TARTINA DE OREZ	MAR IBUC	GIORBA A IA GREC (fara faina) 300 ML, PULPE DEZOSATE LA TAVA 80 G(150 CRUD) CARTOFI CU NATUR 250G SALATA DE SPECIA ROSIE 100G	SANA175g	SUNCA PRAGA 60G, CASCAYAL 50G UNT 20G, ROSII 100G/80G CEAI 300ML
PASAT SONDA CCA. 2200CAL	BUDINCA DE VANILIE 200G SANA 175 G, OU, ZEAMA DE OREZ 300 GR	LAPTE 250 BISCUITI 50 GR	SUPA CONCENTRATA 500 ML, (OU, SMANTANA, OREZ, UNT, CARTOFI , MORCOV, CARNE TOCATA PIEPT CURCAN) ZEAMA DE OREZ	BRANZA FAGARAS 180G OU IBUC	CINA : BISCUITI 60G, MIERE IBUC LAPTE 250 ML
HIDRICI CCA 1200 CAL	POST OPERATOR (PRIMELE 1-2 ZILE), DIAREE ACUTA, CEAIURI INDULCITE)	ZEAMA DE OREZ 250ML	SUPE LIMPEZI DE LEGUME / (si CARNE) DILUATA „DEGRESATA”	SUPA STRECURA TA	POST OPERATOR (PRIMELE 1-2 ZILE), DIAREE ACUTA, CEAIURI INDULCITE)
COLITA Cca.2400CAL	TELEMEA 100G, UNT 20 G OU, BISCUITI 60G FRANZELA 300 G,CEAI 300ML	ZEAMA DE OREZ 250ML	SUPA GALUSTI GRIS CU PIEPT PUI 300 ML/25 G RASOL PULPE DEZOSATE 80 G(150 CRUD) MORCOVI SOTE 100 G	ZEAMA DE OREZ 250ML	CASCAYAL 100G, UNT 20 G OU, BISCUITI 60G CEAI 300ML
VEGETARIAN Cca. 2100CAL	GEM 2BUC, ROSIE 50 G/40G PATE VEGETAL BRUSCHETE , CEAI 300ML FRANZELA 300 GR	COZONAC IPELIE	GIORBA A IA GREC 300ML, CARTOFI COPTI LA CUPORT 300G SALATA DE CASTRAVEI 100 G	EUGENIA	OREZ GARNI 200G SOTE DE FASOLE VERDE CU MORCOVI 200G, MIERE 2 BUC, CEAI 300ML

POSSIBILI ALERGENI CARE SE REGASESC IN MENIU :LAPTE DE VACA, GLUTENUL, DIN GRAU, DROJDIE, ALBUS DE OU, GALBENUS DE OU, USTUROI, SOIA, FAINA DE
MALAI
PRODUSE CONGELATE DIN MENIU - PUI.PA SUPERIOARA DE PUI, PIEPT DE PUI, PIEPT DE CURCAN,MORCOV TAIAT, AMESTEC LEGUME CONGELAT
MENIURI SE INCADREAZA IN ALOCATIA PREVAZUTA IN ORDINUL 1488/2022 EMIS DE MIN.SANATATII.

AS.MED.PR. DE DIETETICA
SERBANAI NICOLETA